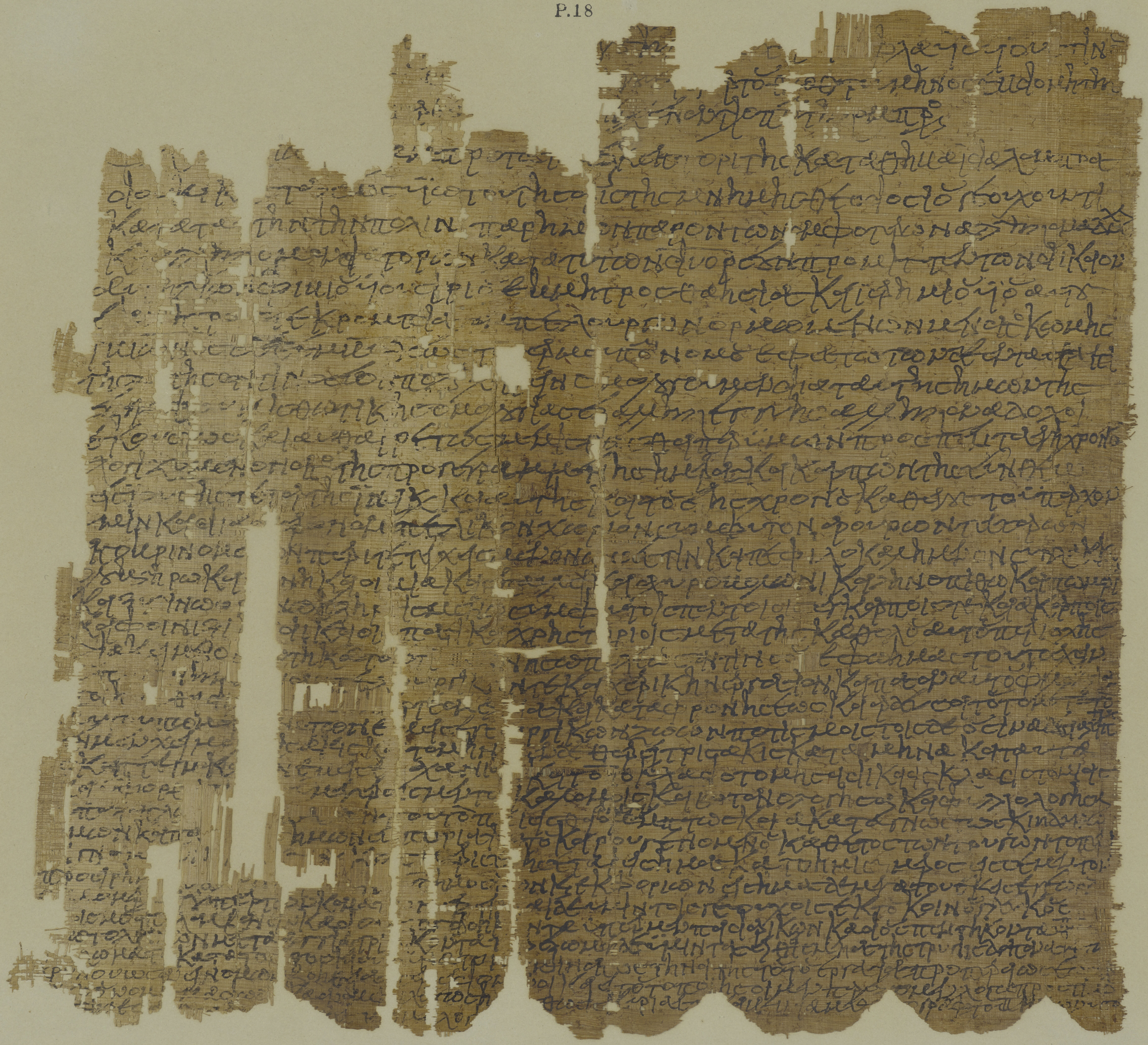P.18